

Cheltenham Triathlon

Sunday 12th September 2010

Swim 500m Cycle 15 Km Run 2.7 Km



The Cheltenham Triathlon is a fun super sprint event which raises funds for two charities and is designed for competitor's aged 17 and above who enjoy a personal or team challenge. The event is managed in partnership with **Sandford Lido Ltd** (Registered charity #1052203) and the **Leukaemia and Intensive Chemotherapy Fund (LINC)** (Registered charity #1078183).

- Wave starts will be used with participants starting at scheduled times. This is an early morning event with start times between 7.00am and 10.00am.
- The entry cost to all participants is **£20.00**. Entry costs cannot be refunded once paid. Please send cheques made payable to **'Sandford LINC'** (do not send cash).
- Please take the time to familiarise yourself with the cycle and run routes so you know where you are going on the day. Maps will be available on our website at least a month before the event. www.sandfordparkslido.org.uk
- All applicants must be aged 17 years or over.
- All participants must wear a cycle helmet throughout the cycle section.
- Persons with a reasonable level of fitness should only participate in this event. Entry is entirely at your own risk.
- Entry must be pre-registered; applications will not be accepted after Saturday 4th September 2010.
- Prizes will be awarded for the highest fundraiser and trophies awarded to first placed male, first placed female and first placed team.

Details of start times and your race number will follow receipt of completed application forms. The event has become very popular so please be patient whilst we process the entry forms. In the meantime should you require any further details about the event, please do not hesitate to contact Iain Barton on 01242 524430 or email race@sandfordparkslido.org.uk.

Individual Competitor/ Team Leader:

Name: Male/Female
Address:
..... Postcode.....
DOB: Tel. No: Email:
Estimated Swim Time:

Team Entry:

Each team must consist of six members to enter for the team trophy

Team Name:
Team Members Names & DOB:
1) team leader details above
2) Male/Female DOB:
3) Male/Female DOB:
4) Male/Female DOB:
5) Male/Female DOB:
6) Male/Female DOB:
Estimated Swim Time on average for team competitors:

I/We understand that I/We do so entirely at my/our own risk and agree to abide by the rules of the British Triathlon Association (details available at www.britishtriathlon.org)

The event organisers and their associates are not liable for any loss, damage, claim or expense that may arise as a consequence of my participation in this event. I will cycle with care and attention and abide by the normal rules of the Highway Code. I am of good health and compete at my own risk.

Signed: Date:

Guardian/Parents Signature:

(If under 18 years of age, this must be signed by a parent/guardian)

Please post entry form to: Cheltenham Triathlon, Sandford Parks Lido, Keynsham Road, Cheltenham, GL53 7PU